

Activity Methods Of Work Updated 08/12/2017

Rowing Procedures



Rowing

Rowing is split into three distinct areas

- 1. British Rowing Courses**
- 2. Casual Hire**
- 3. Membership of Centre (Cotswold Rowing Club)**

The following pages are dedicated to the methods of working that will be adopted by all instructors on the site. Failure to comply with the directives is considered a serious offence that can lead to dismissal.

Risk assessments for each section will follow the methods of operation.



Waterland Risk Management

British Rowing Courses and Activity Sessions

Waterland is a recognised centre by the British Rowing and the following methods of operation will apply: -

Students

1. All students will have completed a relevant booking and medical form before commencement on a sailing course.
2. All students will have been sent a kit requirements list before commencement on the course.
3. All students will at all time whilst afloat wear an approved and tested flotation aid supplied or checked by a company employee.
4. All students whilst on rowing activity will wear appropriate footwear.
5. All students will at all times undertake to follow the requirements of the instructor and failure to undertake those requirements may mean removal from the course.
6. All students will take appropriate care of kit that has been supplied.

Instructors

1. All instructors for British Rowing Courses and taster sessions will be to the standards recognised by British Rowing at the time that the course is run. The minimum requirements for instructors on site will be Rowing Leader.
2. All instructors will be responsible for making themselves aware of any medical issues concerning their students.
3. All instructors will be responsible, for making a dynamic risk assessment for the conditions for rowing. If any instructor has doubt of the student's ability to cope an alternative activity or other method of teaching must be adopted.
4. All instructors are responsible to brief the students in the appropriate method for kit care.
5. All instructors will be aware and trained in the methods of: -Towing a rowing scull or craft using a powerboat, and should as a minimum hold the R.Y.A Level two powerboat certificate with appropriate training to rescue a capsized rowing craft.
6. All instructors will make sure at all times; the students are supervised.
7. No instructor will allow any student to go on activity unless footwear is worn.
8. The instructor has the role to designate the rowing area in conjunction with the senior staff.
9. The instructor, whilst students are afloat will maintain a safety boat to effect a rescue if the need arises.



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Revision 24/11/2018

Waterland Risk Management

10. If games are played due consideration must be made concerning injuries when boats are in close proximity with one another.

Staffing

Staffing ratios for courses will be as to British Rowing requirements of 1 : 6.

Casual Hire

Casual hire of rowing equipment is permissible providing the client holds skills pertaining to rowing, minimal knowledge would be what would you do in the event of a capsize.

All clients for hire will wear a floatation aid at all times.

Cotswold Rowing Club

Cotswold Rowing Club, as a member club of the site has risk assessments and safety documentation at least to the level of Waterland. They have a responsibility via their safety officer to update their risk management as required.



Waterland Risk Management

Area of Operation
Area of Operation

